

## COVID Update 1/9/22 Returning from Isolation or Quarantine

Good Afternoon,

As several students return from isolation and quarantine, we wanted to take a moment to remind you that even though students can return to school after day five of exposure or after day five of having had covid that they can only return if they are not experiencing any symptoms of sickness.

If your student is experiencing any symptoms, he or she may not attend school. We have had reports of the following symptoms among positive cases of COVID: headache, fever, vomiting, diarrhea, congestion, sore throat, cough. Do not send your child to school if he or she is experiencing any sick symptoms.

Students returning on day six must wear a properly fitting mask correctly (neck gaiters are not allowed) at all times while on campus.

As a point of clarification, for isolation of COVID positive individuals, the CDC defines the first day of symptoms as day 0. Therefore, day one is the second day of symptoms.

For individuals who are quarantining, day 0 is the day of exposure. Therefore, day one is the first full day of not being around the covid positive individual.

If you have any questions, please contact the administration. We would rather students stay home extra days as a precaution than return to school too soon after experiencing covid or covid close contact exposure.

We also ask that you keep students home if anyone in the immediate household is experiencing COVID like symptoms and going to get tested or waiting for the results of a COVID test.

Thank you,  
HBCS Administration